

St. Andrews Scots Sr. Sec. School

9th Avenue, I.P. Extension, Patparganj, Delhi-110092

Session: 2025-26

Class: IV Subject: Science Topic: Safety and First Aid Lesson No: 6

- Reading of the chapter
- Explanation (will be done in class)

(Textbook exercise)

- A. Tick the right answer.
 1. (c) carelessness
 2. (a) zebra crossing
 3. (c) cold water
 4. (b) synthetic
- B. Fill in the blanks.
 1. stale
 2. push
 3. traffic
 4. open
- C. Write whether the following statements are (T) for True or (F) for false.
 1. False
 2. True
 3. True

4. False

• **D. Give one word/a few words answer for the following.**

1. Synthetic clothes
2. Safety gears
3. Bully
4. First Aid

Defines(Page no 49) Learn from the book

(Notebook Work)

New Words

1. Injury
2. Dangerous
3. Geyser
4. Switches
5. Detergents
6. Staircase
7. Comfortable
8. Itching
9. Antiseptic
10. Accident

• **Short Question Answers**

Q.1 Why should we not leave our toys on the floor?

Ans. We should not leave our toys on the floor as we can trip over them and get hurt.

Q.2 Why should we follow safety rules?

Ans. We should follow safety rules to avoid accidents.

Q.3 Name two things that should be kept away from the reach of the children.

Ans. Insects repellants and sharp objects.

Q.4 What is first aid?

Ans. First aid is the immediate care given to an injured or sick person before the arrival of a doctor.

Q.5 Which things should be kept in mind, if a person gets injured?

Ans. A few things should be kept in mind while giving first aid to an injured person are:

1. Do not get panic.
2. Immediately call a doctor if it is a serious injury.

- **Long Question Answers**

Q.1 List the safety rules that you should follow while playing in a playground.

Ans. Safety rules which should be followed while playing in a playground are-

- (i) Do not push each other while playing.
- (ii) Do not play rough games.
- (iii) Wait for your turn at the rides and swings.
- (iv) Do not push anybody on swing.

Q.2 What can be the causes of food poisoning?

Ans. The causes of food poisoning are-

- (i) Eating medicines without the advice of doctor.
- (ii) Eating stale food.
- (iii) Swallowing detergents or insect repellants.

Q.3 What will you do if someone faints?

Ans. (i) If a person faints, then immediately make him lie down with his head lower than the other parts to increase the supply of blood to the brain.

- (ii) Allow fresh air to flow around the person.
- (iii) Sprinkle cold water on his face and loosen his clothes. Immediately call the doctor.

Q.4 List the safety rules that you should follow when in the kitchen.

Ans. Safety rules which should be followed when in the kitchen are-

- (i) Never play with sharp objects like knife.
- (ii) Do not play with things made of glass.
- (iii) Do not play with matchstick or gas lighter.
- (iv) Never touch anything hot.

Give Reasons

Q.1 You are not allowed to swim in a swimming pool without adult supervision.

Why?

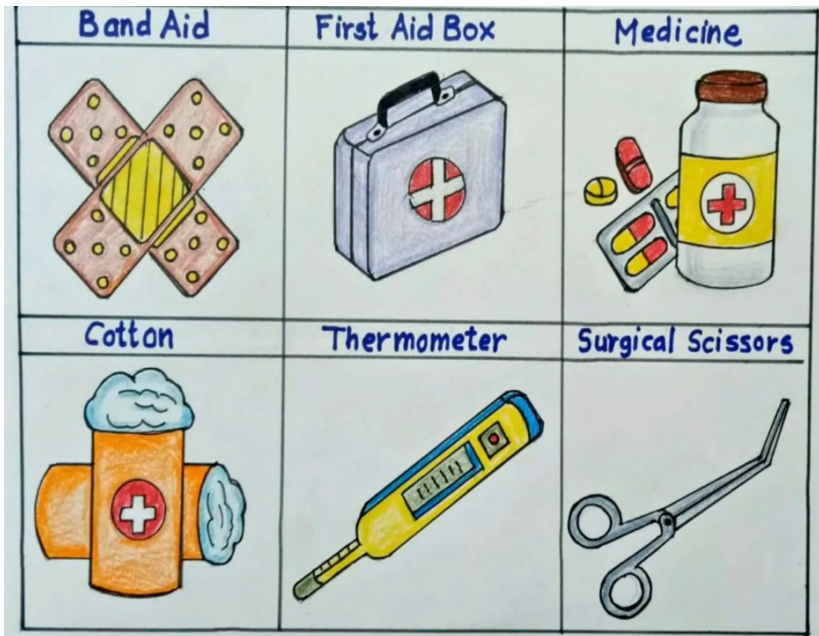
Ans. You may lose your balance and may sink in water.

Q.2. A bee bites you on your hand. Your mother immediately applies baking soda over it, why?

Ans. Baking soda cuts the affect of bee bite sting.

Diagrams

Draw any 5 things that a first aid box should contains.



• Dictation

Any 10 words

• Activity

Paste or draw pictures of safety rules that should be followed at school.